## **APPENDIX IV A**

## BEHAVIOURS IN THE ELDERLY WHICH MAY BE AMENABLE TO PHARMACOTHERAPEUTIC MANAGEMENT\*

- Anxious; restless (hand-writing, pressured pacing, etc.); fidgety; agitated; sometimes self-mutilating.
- Sadness; crying; anorexia; insomnia (particularly terminal awakening); nihilistic, guilty, and often paranoid thinking; morbid (often preoccupied with death); psychomotor retardation (including speech).
- Withdrawn; apathetic; quietly negativistic; anorexia; sullen; uncooperative; frequently mute, and may appear stuporous.
- Markedly bizarre or regressed behaviour from previous standards (including personal appearance and lifetime moral standards).
- Overrelation; insomnia; psychomotor hyperactivity, with rapid and pressure speech; often disorganized thinking.
- Overly boisterous; verbally hostile; aggressive; argumentative; belligerent; often physically assaultive.
- Delusions, involving ideas of influence and reference, jealousy, paranoia, fear, persecution, grandiosity, and/or erotic experiences.
- Hallucinations, primarily auditor, visual, and/or tactile (formication).

<sup>\*</sup>Often in conjunction with concomitant behavioural and/or environmental intervention.